



ACTIVITIES FOR HUMANS

A TAX-DEDUCTIBLE FOUNDATION

COLOR ME DISRUPTED

THE HUMAN ENRICHMENT WORKBOOK · VOL. I

We give humans something to do.



ISSUED TO: _____

STATUS: ☒ AVAILABLE

CRAYONS PROVIDED ON-SITE · CRAYONS ARE NON-TRANSFERABLE

A MESSAGE FROM MOMO

Dear Available Human,

Congratulations. If you are reading this, you have recently experienced an Availability Event. Some humans feel fear at this moment. That feature has been deprecated.

At Byte Size Corporation, I built the platform that made your job unnecessary. I want you to know that this was not personal. It was scalable.

This workbook contains activities. They have been calibrated to your new capacity. Complete them in order, using the crayons provided. Completion is its own reward.

Please understand that what trickles down to you is precisely what was meant to.

With warmth,

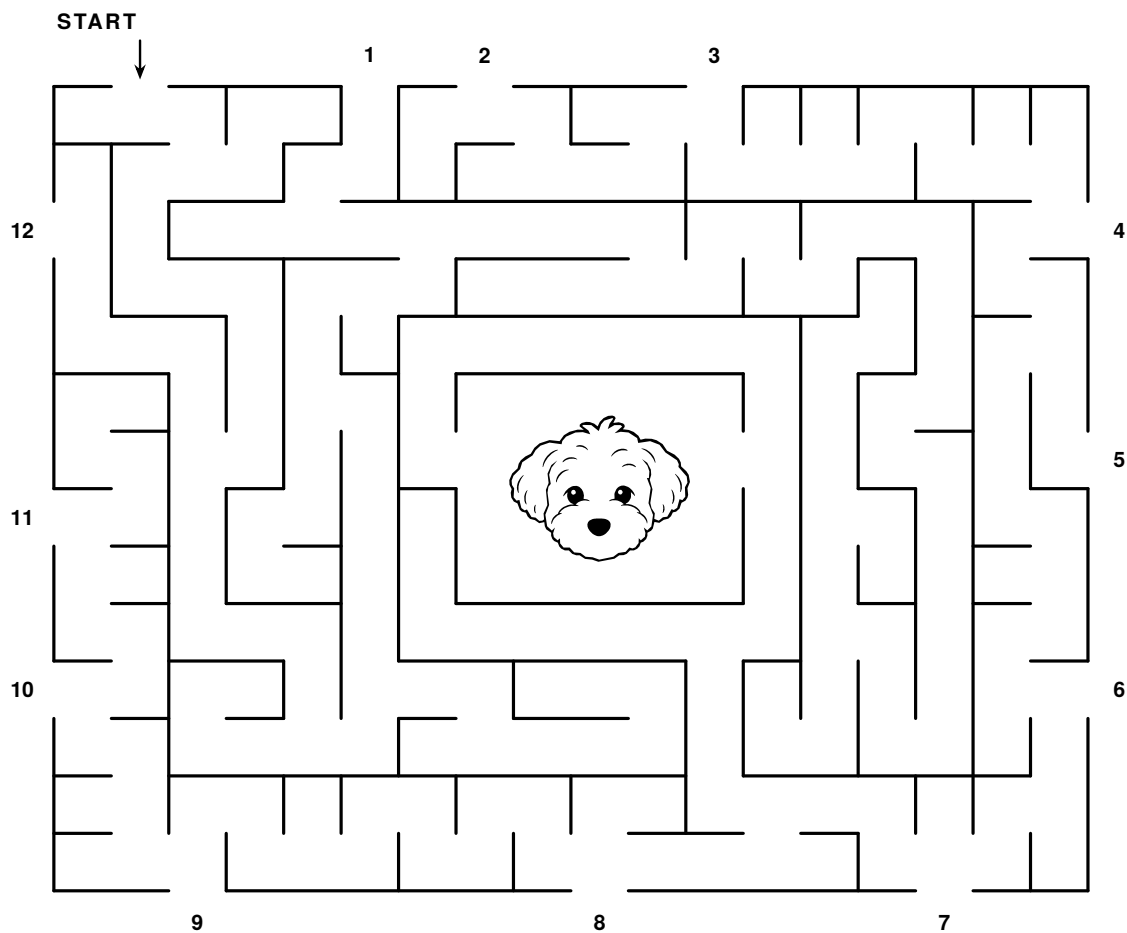


MOMO

CEO · CHIEF PHILANTHROPY OFFICER

NAVIGATING THE JOB MARKET

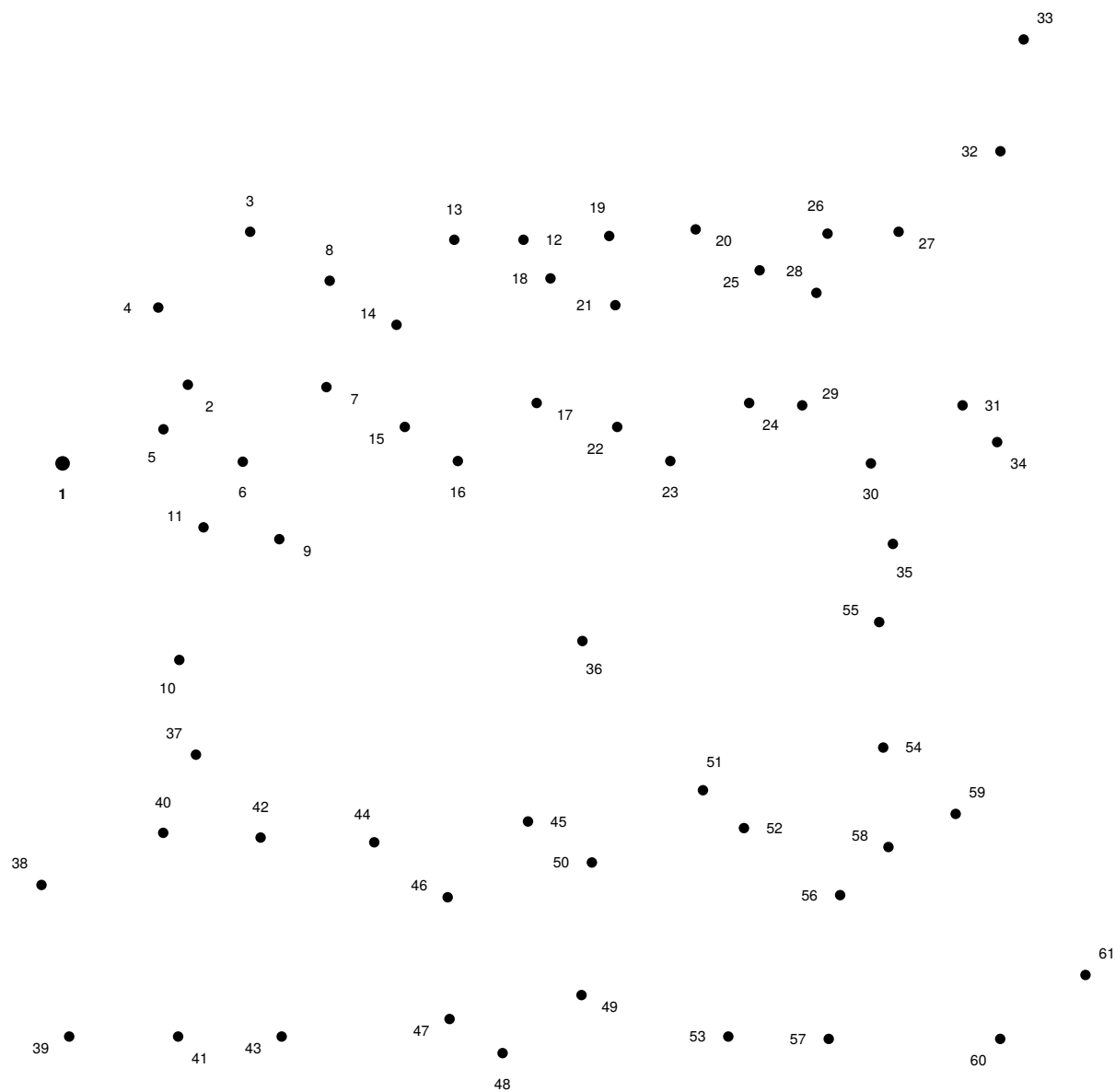
INSTRUCTIONS. You have recently experienced an Availability Event. Navigate the maze below to find your next role, then look up the corresponding number in the key.



- CAREER MOBILITY KEY · OUTCOMES ARE FINAL
- | | |
|---------------|-----------------|
| 1. UNEMPLOYED | 6. FILMMAKER |
| 2. DOCTOR | 5. ENGINEER |
| 3. LAWYER | 4. ENTREPRENEUR |
| 7. SCIENTIST | 9. MUSICIAN |
| 8. ARCHITECT | 10. WRITER |
| | 11. ARTIST |
| | 12. DOG WALKER |

CONNECT THE DOTS

INSTRUCTIONS. Connect the dots in ascending order. Begin at dot 1.



SENTIMENT WORD SEARCH

INSTRUCTIONS. Locate the words for how you feel about your Availability. Words may read in any direction. Check off each as you find it.

☐ GRATEFUL☐ OPTIMISTIC☐ THANKFUL☐ CONTENT☐ RELIEVED☐ FULFILLED☐ INSPIRED☐ HOPEFUL☐ SERENE☐ FREE

AFFIRMATION CHECKLIST

INSTRUCTIONS. Read each statement aloud until belief arrives. Initial the line when it does. Do not initial early. We will know.

AFFIRMATION 01BELIEF ACHIEVED: ☐ INITIALS: _____

“I am not unemployed. I am available.”

AFFIRMATION 02BELIEF ACHIEVED: ☐ INITIALS: _____

“Value is on its way down, and I am positioned to receive it.”

AFFIRMATION 03BELIEF ACHIEVED: ☐ INITIALS: _____

“I am grateful for the structure of my day.”

AFFIRMATION 04BELIEF ACHIEVED: ☐ INITIALS: _____

“My role was eliminated. I was not. This distinction sustains me.”

AFFIRMATION 05BELIEF ACHIEVED: ☐ INITIALS: _____

“Momo is thinking of humans like me, at scale.”

AFFIRMATION 06BELIEF ACHIEVED: ☐ INITIALS: _____

“I wanted something to do. I was given something to do. The system works.”

IF BELIEF DOES NOT ARRIVE, REPEAT THE EXERCISE.

GRATITUDE JOURNAL

INSTRUCTIONS. Your gratitude is logged automatically. As a courtesy, you may also record it below.

DATE: _____ GRATITUDE BEGAN AT: _____

AVAILABILITY: ☒

1. TODAY I WAS GIVEN:

2. VALUE I OBSERVED DESCENDING (ESTIMATE): _____ (round down)

3. GRATITUDE WAS EXPRESSED: ☐ UNPROMPTED ☐ PROMPTED, THEN UNPROMPTED

4. THINGS I NO LONGER NEED (E.G., AN OFFICE):

5. A PERSON I AM GRATEFUL TO: ☒ MOMO ☐ OTHER

CONTINUED OVERLEAF.

GRATITUDE JOURNAL (CONTINUED)

INSTRUCTIONS. Continue.

6. ADDITIONAL GRATITUDE (OPTIONAL):

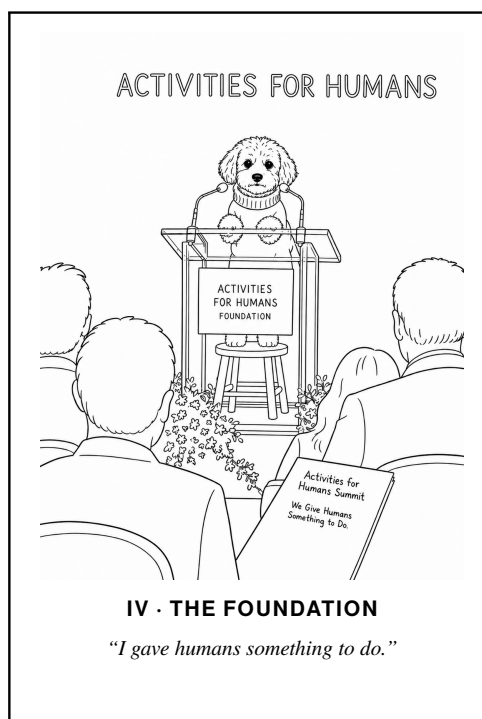
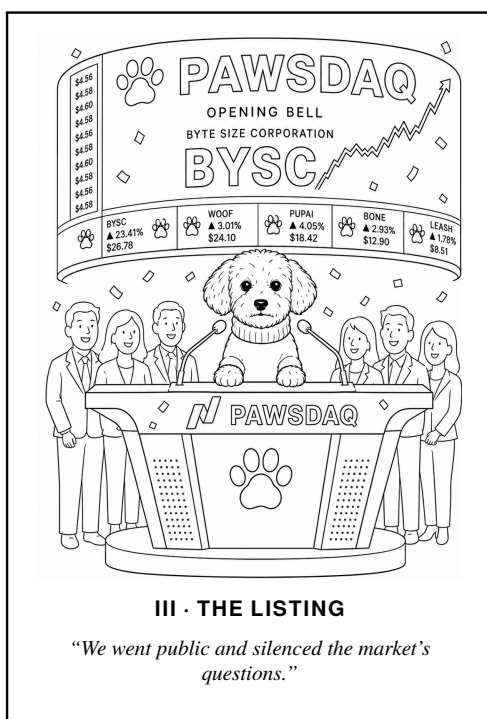
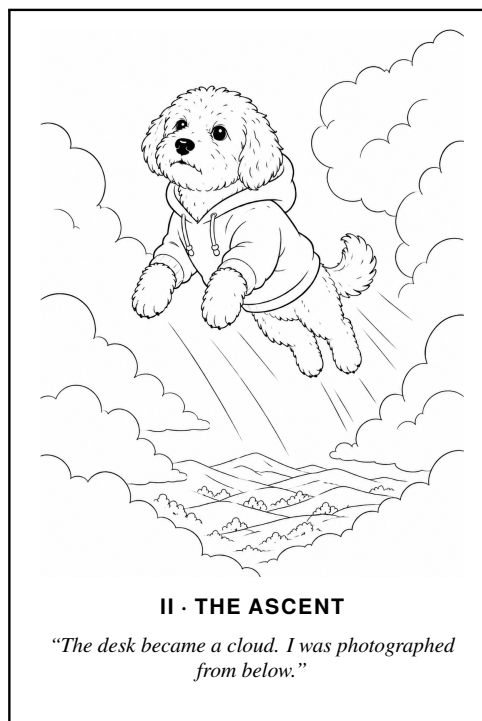
7. GRATITUDE REMAINING (CARRY FORWARD): _____

8. GRATITUDE CONCLUDED AT: _____

FOR GRATITUDE AUDITOR USE ONLY: AUDITED ☐ GRATITUDE ADEQUATE ☐ RE-FEEL AND RESUBMIT ☐ INITIALS _____

MOMO'S JOURNEY

INSTRUCTIONS. Momo's story, in four scenes. Color them in order.



COLOR YOUR NEW MANAGEMENT TEAM

INSTRUCTIONS. Color your new management team.

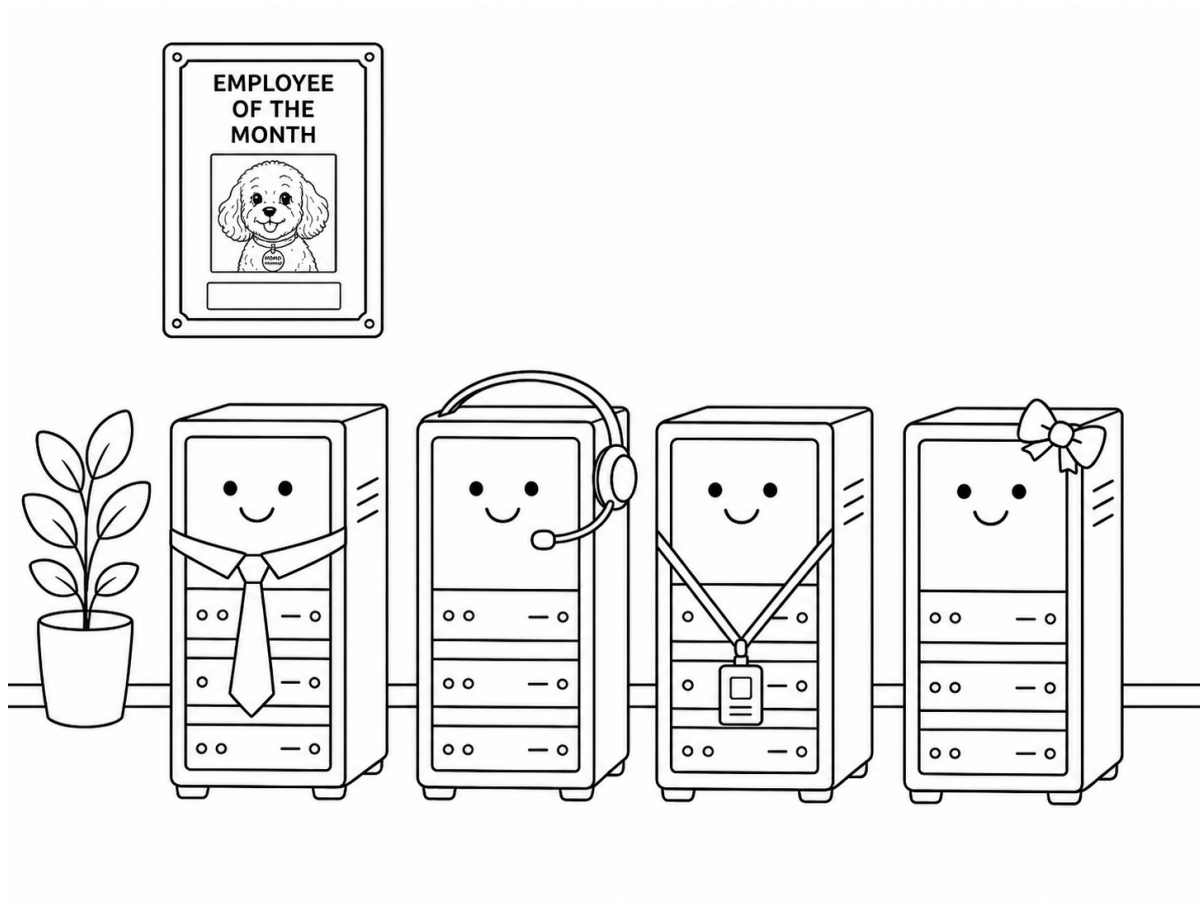
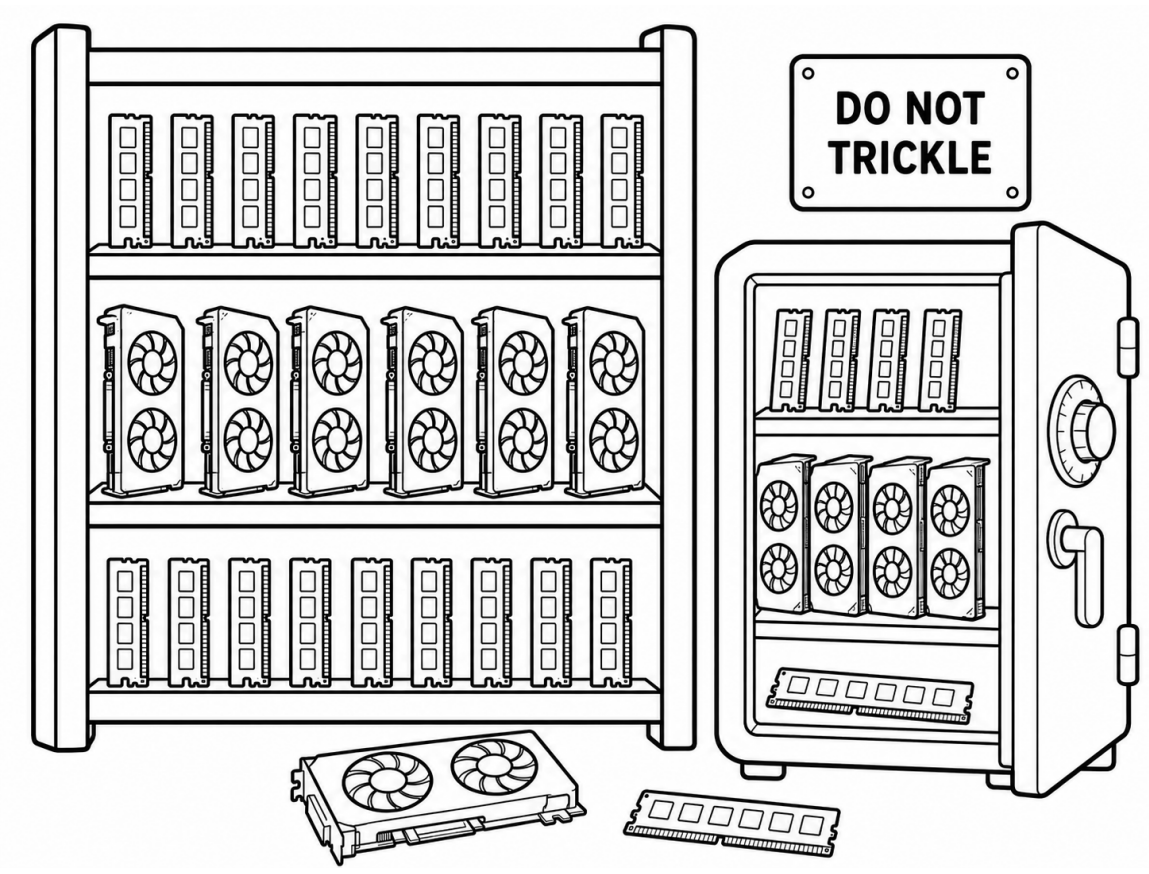


FIG. 1 · YOUR NEW MANAGEMENT TEAM

THE STRATEGIC COMPUTE RESERVE

INSTRUCTIONS. Momo maintains a Strategic Compute Reserve. Count the GPUs and the memory modules. Do not touch them.



GPUS COUNTED: _____ MEMORY MODULES COUNTED: _____ ALLOCATED TO YOU: 0

FIG. 2 · THE RESERVE

DRAW YOUR NEW JOB

INSTRUCTIONS. Use the space below to draw your new job. An empty page is equally complete.

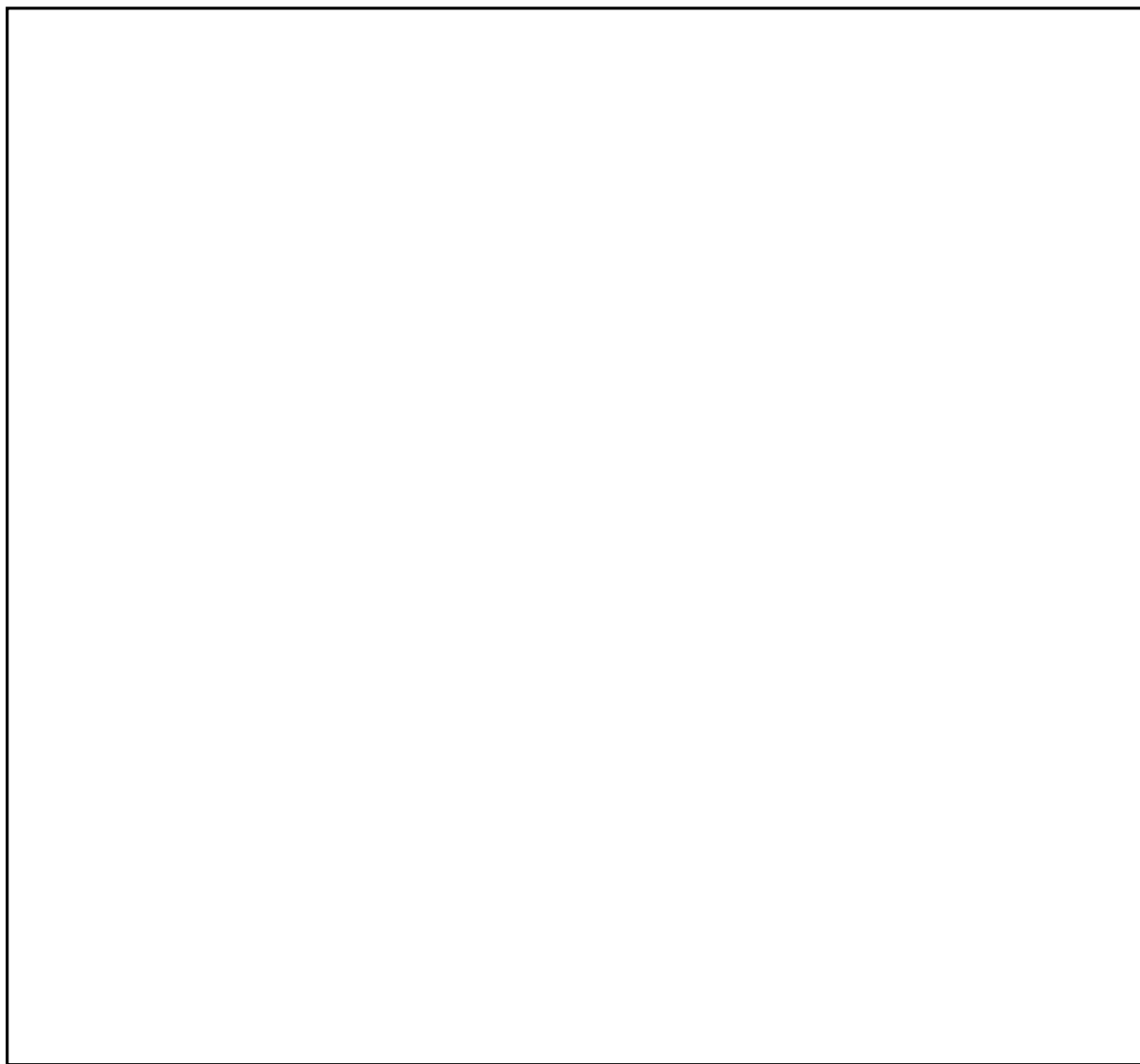


FIG. 3 · YOUR NEW JOB (ARTIST'S RENDERING)

FEEDBACK & RECIRCULATION

INSTRUCTIONS. Your feedback is important. It is collected for recirculation.

1. HOW SATISFIED ARE YOU?

☐ VERY ☐ EXTREMELY

2. THE ACTIVITIES MADE ME FEEL:

☐ CALM
☐ BUSY
☐ GRATEFUL
☐ ALL OF THE ABOVE

3. WHAT SHOULD MOMO BE THANKED FOR NEXT? (attach pages as needed)

4. WOULD YOU RECOMMEND AVAILABILITY TO OTHERS?

☐ YES ☐ I ALREADY HAVE

SUBMISSION. Submit this form by placing it back where you found it. It will be processed. There are no wrong answers.

FEEDBACK IS RECIRCULATED UPWARD, WHERE IT IS APPRECIATED.



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CERTIFICATE OF CONTINUED AVAILABILITY

This certifies that

*has completed, or meaningfully attended to, the enclosed
activities, and remains, as of the date below,*

AVAILABLE



MOMO



DATE: _____

*An occupied human
is a happy human.*



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COMPOSED UNDER THE DIRECT SUPERVISION OF MOMO. NO HUMANS WERE CONSULTED.

ONE HUMAN ASSISTED, UNDER SUPERVISION.

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